



2019 LAKEWOOD RUN

OFFICIAL ENTRY FORM



Saturday March 2nd, 2019 Lakewood Station

Male Female

Date of Birth _____
Required

PLEASE PRINT LEGIBLY

Name (last, first) _____

Street Address _____

City, State, Zip _____

Phone (____) _____ Email Address _____

Distance (Circle One): 10K 5K 5K Walk 1K FUN RUN

T - Shirt Size: Adult S M L XL 2XL Youth S M L XL
(Circle One) (Sizes not guaranteed beyond Pre-registration. Please add \$2.00 for 2XL)

Group or Team (if applicable)

Medals awarded to first, second and third place in each 5K/10K category. Finisher medal to all participants.

REGISTRATION FEES:

5K/10K

-Early bird prices **August 1st - January 31st - \$35**

-Pre-registration prices **Feb 1st - March 1st - \$40**

(Online pre-registration ends **Feb 28th**)

-Race day registration - **\$45**

1K FUN RUN pre-registration - **\$20** Race Day - **\$25**

Group Registration (10 or more) - **\$30** per person

Chip timing and online registration provided by:



www.lakewoodrun.com/registration

For more information contact: info@lakewoodrun.com

Download registration forms at www.lakewoodrun.com

If not registering online, mail form and check (payable to Soroptimist and due Feb 22nd) to:

Soroptimist International of Lakewood/Long Beach

c/o Lakewood City Hall

5050 Clark Avenue

Lakewood, CA 90712

I have read and filled out the **Waiver, Release, and Indemnity Agreement** on the reverse side of this Registration Form.

SIGNATURE: _____ Date _____

IF PARTICIPANT IS UNDER 18 YEARS OF AGE, A PARENT OR GUARDIAN SIGNATURE IS REQUIRED

WAIVER, RELEASE OF LIABILITY AGREEMENT

EVENT LOCATION: Lakewood Sheriff's Station, 5130 Clark Avenue, Lakewood, CA

I, _____ fully understand that my participation in the Lakewood Community Run event exposes me to the risk of personal injury, death or property damage. I hereby acknowledge that I am voluntarily participating in this event and agree to assume any such risks.

I hereby release, discharge and agree not to sue the Los Angeles County, Los Angeles County Sheriff's Department, the Lakewood Sheriff's Station Community Run Committee, the City of Lakewood, The Macerich Company, The Macerich Partnership, L.P., The Macerich Management Company, Macerich Lakewood LLC, All owned, managed, controlled, non-controlled and subsidiary companies, corporations, entities, joint ventures, limited liability companies and partnership and all of the constituent partners and members. Soroptimist International, and all representatives and agents of any of the foregoing, and all municipal agencies whose property and/or personnel are used, and other sponsoring or co-sponsoring company(ies), agency(ies) or individual(s) for any injury, death or damage to or loss of personal property arising out of, or in connection with, my participation in the "Event" from whatever cause, including active or passive negligence of the foregoing, or any other participants in the event.

In consideration for being permitted to participate in the "Event", I hereby agree, for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless the foregoing from any and all manner of actions, claims, causes of action, suits, debts, demands, damage, liability or expenses of any kind and nature arising out of or in connection with my participation in the event. This event is not L.A.S.D. sanctioned, therefore not covered by Workers Compensation in the event of injury or illness. It is the responsibility of L.A.S.D members to comply with Department Policy, regarding participation in athletic events (MPP #3-09/300.00).

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT OF MY OWN FREE WILL.

SIGNATURE: _____
IF PARTICIPANT IS UNDER 18 YEARS OF AGE, A PARENT OR GUARDIAN SIGNATURE IS REQUIRED

DATE _____